

Sign up for MyHealth

Check your COVID-19 test results online

MyHealth is a secure online health management tool for customer-owners provided by Cerner® and the Alaska Native Medical Center. Once a customer-owner has registered and verified the account through email, MyHealth can be accessed anywhere that has internet service. Customer-owners over age 18 and minors ages birth to 17 years are permitted a MyHealth account but will need to sign a consent form and present a parent/guardian ID to create an account. Parents/guardians are also able to obtain their child's health information through the Medical Records Office.

Customer-owners over 18 years and legal guardians of minors ages birth to 17 years who use MyHealth will be able to:

- Check COVID-19 test results and other lab results
- Request non-urgent appointments
- Securely message their primary care team
- And more

To enroll in a MyHealth account, visit the front desk administrative support or contact your integrated care team to assist with the registration process.

Customer-owners will need to provide:

- Personal email address
- Self-identifying answer, choice of:
- Zip code
- Last 4 digits of Social Security Number
- Year graduated from high school



For more information, scan the QR code to view MyHealth frequently asked questions and more.



Access MyHealth on your smartphone by downloading the HealtheLife app

MyHealth - View and print COVID-19 test results

Follow the steps below to view and print your COVID-19 test results.



1. Download the app HealtheLife on your smartphone or visit southcentralfoundation.com and click on MyHealth on the top of the page.
2. Sign-in to your account using your designated email/username and password.
3. Select Health Record on the menu.
4. Select COVID-19 Center.
 - a. Your test results should be visible. It may take up to 24-48 hours for your results to appear. However, if there is an increase in testing, it could take longer. Keep checking back.
5. The HealtheLife app on your smartphone does not provide an option to print results. However, customer-owners can take a screenshot of their results and print the image to use as proof of a negative COVID-19 test. Customer-owners visiting the MyHealth website can select print on the right-hand corner of the COVID-19 Center screen and select COVID-19 Laboratory Results to print results.

*If you would like to receive notifications to your email, click notification settings (the gear wheel) on the app or on the MyHealth website by clicking notifications under the drop down menu.