

Power of Hope

Cancer and Education Social Group



You are invited to join us...

When cancer touches your life, or that of a loved one, we know how important it is to have a network of friends to help. The Power of Hope Cancer and Education Social Group is a place where you can find support and discover healthy ways to manage living with, and surviving, cancer. You will hear from professionals on a variety of important topics as they share stories on nutrition and meal planning, cancer prevention, risk factors and early detection, gene counseling, coping with stress, choosing the right treatment options, and more.

April 24

Light lunch and refreshments
provided

May 22

Light lunch and refreshments
provided

June 26

Light lunch and refreshments
provided

Who:

The luncheon is open to anyone going through cancer treatment, cancer survivors, caregivers, or support partners.

What:

A support luncheon.

When:

Noon – 1 p.m. on the **last Wednesday of every month** (see calendar on back).

(Note: if there is a major holiday on the last week of the month, the luncheon will be held the week prior.)

Where:

Mt. Marathon building, Denali room, 4201 Tudor Centre Drive, Anchorage

For more information, please contact:

Health Education

(907) 729-2689

southcentralfoundation.com



2019

Power of Hope

Schedule

January

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
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30						

July

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
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22	23	24	25	26	27	28
29	30					

October

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
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20	21	22	23	24	25	26
27	28	29	30	31		

November

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				