CITRUS SUMMER SLAW

INGREDIENTS:

- 4 cups red cabbage, chopped
- 1 bunch cilantro, chopped
- 2 – 4 green onions, chopped
- 1/2 cup slivered almonds
- 1 cup golden raisins
- 1/4 cup roasted pepitas (green pumpkin seeds)

DRESSING:

- 1/8 cup olive oil
- Juice from 3 limes
- 1/8 cup orange juice
- 1/4 teaspoon salt

DIRECTIONS:

1. Place salad ingredients into a small bowl.
2. Place dressing ingredients into a small bowl and whisk to combine.
3. Pour dressing over slaw and toss to coat. Serve.

Nutrition Facts

Serving Size 1 cup (66g)
Servings Per Container 8

Amount Per Serving

Calories 150	Calories from Fat 80
	% Daily Value*
Total Fat 9g	**14%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 55mg	**2%**
Total Carbohydrate 15g	**5%**
Dietary Fiber 2g	**8%**
Sugars 11g	
Protein 3g	

Vitamin A 10% • Vitamin C 30%

Calcium 4% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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Source: fusioncraftiness.com