Citrus Berry Spinach Salad

Ingredients:

DRESSING

- 2 tablespoons red wine vinegar
- 2 tablespoons olive oil
- 2 tablespoons honey
- 1 orange, juiced
- Salt and pepper to taste

SALAD

- 9 oz spinach
- 1/2 cup dried cranberries
- 1/2 cup blackberries
- 1/2 cup goat cheese crumbles
- 1/2 cup pistachios, chopped
- 1/2 cup canned mandarin oranges (no sugar added, drain juice)

Directions

1. Add red wine vinegar, olive oil, honey and orange juice into salad dressing shaker.
2. Add salt and pepper, to taste.
3. Shake to combine ingredients. Set aside.
4. Combine salad ingredients in large bowl.
5. Toss with tongs to combine.
6. Pour dressing over individual bowls of salad.

Nutrition Facts

4 servings per container

Serving size **(184g)**

Amount per serving

Calories **270**

	% Daily Value*
Total Fat 12g	**15%**
Saturated Fat 2.5g	**13%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 230mg	**10%**
Total Carbohydrate 31g	**11%**
Dietary Fiber 4g	**14%**
Total Sugars 23g	
Includes 8g Added Sugars	**16%**
Protein 6g	
Vitamin D 0mcg	0%
Calcium 103mg	8%
Iron 3mg	15%
Potassium 100mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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