Summer Caprese Salad

Ingredients:

- 3 large tomatoes, sliced
- 1 pound fresh mozzarella, sliced
- 2 large peaches, sliced
- 1 small cucumber. sliced and cut in half
- 1/2 cup grape or cherry tomatoes, cut in half
- 1/4 cup red onion, thinly sliced
- 1/3 cup fresh basil leaves
- Kosher salt, to taste
- Freshly ground black pepper, to taste
- Balsamic glaze for drizzling, to taste

Directions

1. In a bowl add tomatoes, mozzarella, peaches, cucumbers, grape tomatoes, red onion, and basil leaves.
2. Season with salt and black pepper, to taste.
3. Drizzle with balsamic glaze. Serve immediately.

Nutrition Facts

4 servings per container

Serving size **(227g)**

Amount per serving

Calories **60**

	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 65mg	**3%**
Total Carbohydrate 13g	**5%**
Dietary Fiber 3g	**11%**
Total Sugars 10g	
Includes 0g Added Sugars	**0%**
Protein 2g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1mg	6%
Potassium 295mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benteh Nuutah Valley Native Primary Care Center | Wellness Center
(907) 631-7630 | southcentralfoundation.com

Source: twopeasandtheirpod.com