Southcentral Foundation

Dena A Coy Residential Treatment Program

Frequently Asked Questions

How do I get started?

All applicants are required to submit a completed application <u>and</u> a comprehensive substance abuse assessment completed within the past 6 months.

How long is the program?

Individual's progress through treatment at various rates so there is no predetermined length of stay. Typically, women complete treatment in about 120 days.

Are there rules for phone calls and email?

A phone is available for use in the living area. Customers do not have access to email, but postal mail is accepted. Cell phones are not allowed during treatment. If brought, your cell phone will be safely stored during your stay.

May I have visitors while in the program?

Visitors, 18 and older are required to attend a 1 ½ hour Visitor Orientation/Family Education group before visits can occur. Visits with biological and/or adopted children under the age of 18 can be coordinated with your Chemical Dependency Counselor after admission.

What are the nicotine & caffeine policies?

Dena A Coy is a SMOKE-FREE and CAFFIENE-FREE environment. Use of tobacco products is not permitted anywhere on the property or during program activities outside of the facility. NO EXCEPTIONS. For those who need it, we offer a nicotine cessation program upon approval from your primary care provider.

Can my child join me in treatment?

Dena A Coy has space for six children ages birth to 3 years old. Please contact the Intake Coordinator for more information and to discuss your parenting situation. Mothers are responsible for providing items necessary for their children's needs such as diapers, wipes, formula, car seat, clothing, and hygiene products.

Do I have my own room?

Women without children share a room with one roommate and share a bathroom with three other women. You will have your own bed, dresser, closet, and nightstand. Women with a child will be in a room with no roommate. In addition to the amenities above, rooms for a woman with a child include a crib/toddler bed and changing table.

How will I get my medication while I am in treatment?

Dena A Coy Policy and Procedures mandate that all medication prescriptions entering the facility are valid and verified for your safety and wellness. Over the counter medications are available on-site with approved standing orders from your health care provider. While in treatment, prescribed medications will be delivered in a Mediset or picked up from a local Pharmacy. You and/or your family will be responsible for any co-pays or out-of-pocket expenses for purchasing prescribed medications.

Do I bring my own food and snacks?

Dena A Coy program provides all food items for meals and snacks. The customer kitchen is available for beverages and snacks 24 hours a day. Outside food and/or snacks are not allowed in the building. Dena A Coy is a Food and Nutrition Services (FNS) certified treatment center and qualified to use SNAP benefits for all eligible residents while they reside in the facility.

What if I have legal issues pertaining to my participation in treatment?

Dena A Coy is a voluntary program not a locked facility. The program does not accept third party responsibility for customerowners.

What is the cost of treatment?

Treatment expenses are the responsibility of the customer. Resources for payment include most major insurance companies and Medicaid/Medicare/Denali Kids Care. Payment for services is based on ability to pay; a discount fee application is available. Services will not be denied solely due to inability to pay.