Power of Hope Cancer and Education Social Group



You are invited to join us...

When cancer touches your life, or that of a loved one, we know how important it is to have a network of friends for support. The Power of Hope Cancer and Education Social Group is a place where you can find support and discover healthy methods to manage living with, and surviving, cancer. Professionals will share stories on nutrition and meal planning, cancer prevention, risk factors and early detection, gene counseling, coping with stress, choosing the right treatment options, and more.

Sept. 24 Oct. 29 Nov. 19 Dec. 17

Who:

Anyone in the community going through cancer treatment, cancer survivors, caregivers, or support partners.

What:

A support learning circle, designed to provide cancer education and support.

When:

Noon – 1 p.m. on the **last Thursday of every month** (see calendar on back). (If the last Thursday of the month falls on a holiday, the learning circle will be held the week prior to the holiday.)

Where:

Zoom Meeting ID: 959 7817 7527 Call-in: (646) 558-8656
Password: HealthEd Call-in password: 790221

Join a Zoom Meeting:

- 1. Visit Zoom.us in your browser on the day and time of the desired class.
- 2. Select "Join a Meeting" in the top left corner of the screen.
- 3. Enter the meeting ID for the desired class.
- 4. Enter the meeting password.
- 5. Connect!



2020 Power of Hope Schedule

January							February							March							
Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
			1	2	3	4							1	1	2	3	4	5	6	7	
5	6	7	8	9	10	11	2	3	4	5	6	7	8	8	9	10	11	12	13	14	
12	13	14	15	16	17	18	9	10	11	12	13	14	15	15	16	17	18	19	20	21	
19	20	21	22	23	24	25	16	17	18	19	20	21	22	22	23	24	25	26	27	28	
26	27	28	29	30	31		23	24	25	26	27	28	29	29	30	31					
	ı		May								June										
Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
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12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20	
19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27	
26	27	28	29	30			24 31	25	26	27	28	29	30	28	29	30					
			July				August							September							
Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
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12	13	14	15	16	17	18	9	10	11	12	13	14	15	13	14	15	16	17	18	19	
19	20	21	22	23	24	25	16	17	18	19	20	21	22	20	21	22	23	24	25	26	
26	27	28	29	30	31		23	24	25	26	27	28	29	27	28	29	30				
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		C	ctob	er			November								December						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
				1	2	3	1	2	3	4	5	6	7			1	2	3	4	5	
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	
25	26	27	28	29	30	31	29	30						27	28	29	30	31			