



# VIRTUAL SNUGGLE TIME

Wednesdays, noon - 1 p.m.

Zoom Meeting: [bit.ly/scfssnuggletimeak](https://bit.ly/scfssnuggletimeak)

Virtual Snuggle Time is a peer support group for parents with infants. Learn about your baby's growth and development, receive breastfeeding support, and connect and share stories with other parents, as you share in the joys and challenges of parenting. An infant feeding specialist and a behavioral health consultant will be there to facilitate and assist you.

Email [NewGenerations@southcentralfoundation.com](mailto:NewGenerations@southcentralfoundation.com) for questions or issues connecting to Virtual Snuggle Time.