

What to Bring to Treatment at Dena A Coy

Please follow this list carefully. Due to space limitations, additional items are not allowed.

All personal belongings will be searched upon arrival for treatment.

Personal Belongings: Please limit yourself to 2 suitcases and one carry bag of belongings. Casual clothing: 5 – 7 day supply including shoes/socks, slippers, undergarments, shirts, pants, and pajamas. Seasonally appropriate outerwear; jacket, sweater, sweatshirts, boots, hat, gloves/mittens, etc.

Toiletry Items: Shampoo (2), conditioner (2), body soap (2), skin care items/lotion, toothpaste, toothbrush, deodorant, feminine hygiene products, and razors. One-quart size bag of make-up. (Toiletries must be in their original containers.)

Medications: All prescribed medications must be in their original prescription bottles.

Documents: A photo ID, CIB or Tribal ID card, Insurance card/Medicaid/Denali Kids Care, SNAP cards, WIC vouchers, birth certificate, & legal /court documents.

Cell Phones: Use of cell phones is restricted. Cell phones may be brought and stored safely in the staff office until use is permitted.

Bedding: 1 Pillow, 1 blanket

Miscellaneous Personal Items: Water bottle, Envelopes and stamps, hobby or special interest items (craft materials, Sudoku, crossword puzzles, crocheting materials), photos of family and friends (frame must not have glass), Bible or Devotional and 12 Step reading materials. 1 purse, 1 stuffed item only.

Music: Portable Media Player without internet capabilities.

Women with Children: Women are responsible for all their child's needs while in treatment; diapers, formula, clothing, monitors, and car seat. (Cribs or toddler beds and changing tables are provided. Onsite childcare services are provided during scheduled program activities. Child may have 1 stuffed toy.

Laundry Facilities: Washers, dryers, detergent, iron and ironing board are provided at no cost.

Food/Snacks: Dena A Coy is a Food and Nutrition Services (FNS) certified treatment center and qualified to use SNAP benefits for all eligible residents while they reside in the facility to supplement food service costs. The DAC Authorized Representative will meet with you after admission to discuss your benefits.

What to Leave at Home

- * Electronic devices with wireless internet access and/or video/camera capabilities.
- * CDs or DVDs
- * Food products, snacks, candy, gum, mints, beverages of any kind.
- * Non-prescription, expired, and over-the-counter medications. CBD products.
- * Aerosol products including deodorant and hair spray.
- * Valuables, stuffed animals, cosmetic bags, purses.
- * Clothing with explicit messages or photos, revealing clothing that show midriff, low-cut tops, spaghetti straps, short shorts (shorter than mid-thigh).