



# Teatime with Elders

## Virtual Learning Circle

Thursdays, 12:30 - 1:30 p.m.

**Thursday, May 6**

### Highlight on Women's Health

Mothers, Sisters, and Daughters  
Need Family Support

**Thursday, May 20**

### Pickling Demo

Fireweed Shoots - Alaska's Asparagus

**Thursday, May 13**

### Summer Prep

All about Skin Cancer Prevention

**Thursday, April 27**

### Memorial Day

Recognize and Remember the Lives Lost

For more information or if you have questions, contact SCF Health Education  
at (907) 729-2689 or [scfelderswellness@southcentralfoundation.com](mailto:scfelderswellness@southcentralfoundation.com).



Scan this QR code to join  
the SCF learning circle.

#### To participate online, please follow these simple steps:

1. Visit Zoom.us in your browser on the day and time of the desired class.
2. Select Join a Meeting in the top left corner of the screen.
3. Enter the meeting ID: 937 5949 4088
4. Enter the meeting password: HealthEd!!
5. Get connected.

#### To call in and participate via phone, follow these simple steps:

1. Call (646) 558-8656 on the day and time of your desired class.
2. When prompted, enter the 11-digit meeting ID: 937 5949 4088, then press #.
3. Get connected.