



# Teatime with Elders

## Virtual Learning Circle

Every second and fourth Thursday  
of the month, 12:30 - 1:30 p.m.

**Thursday, May 12**

### Heart Attack and Stroke Awareness

Heart health and stroke awareness facts.

**Thursday, May 26**

### Healthy Heart Jeopardy

Put your knowledge to the test  
with heart health Jeopardy.

For more information or if you have questions, contact SCF Health Education  
at (907) 729-2689 or [scfelderswellness@southcentralfoundation.com](mailto:scfelderswellness@southcentralfoundation.com).



Scan this QR code to join  
the SCF learning circle.

#### To participate online, please follow these simple steps:

1. Visit Zoom.us in your browser on the day and time of the desired class.
2. Select Join a Meeting in the top left corner of the screen.
3. Enter the meeting ID: 937 5949 4088
4. Enter the meeting password: HealthEd!!
5. Get connected.

#### To call in and participate via phone, follow these simple steps:

1. Call (646) 558-8656 on the day and time of your desired class.
2. When prompted, enter the 11-digit meeting ID: 937 5949 4088, then press #.
3. Get connected.