

Downloading the Google Fit App for Android



1. Access the Google Play Store app.



2. Type Google Fit in the search bar and select app.



3. Click the install button.



4. Once the app is downloaded and installed, click the open button.

MyNukaConnect

support@mynukaconnect.com

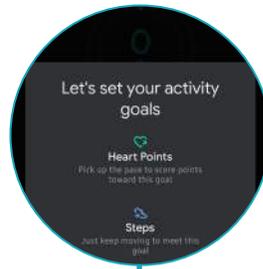
<https://www.mynukaconnect.com/>



Setting up Google Fit Account



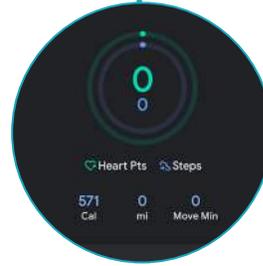
1. Once the app is open, select the Gmail account you will be using with your other device apps.



5. Next, a three-part window around activity goals will pop up that you can swipe through with the last page letting you set a daily steps goal.



2. Next you will be asked to provide some demographic information.



6. You are now set up with Google Fit and can access your dashboard along with the ability to edit additional information within the app.



3. You will be asked to turn on "track your activities". This will allow you to easily have your activity metrics uploaded into the app and not have to manually enter information.



4. A prompt will ask to allow the app to access your physical activity.