

LipiFlow Dry Eye Treatment



What is LipiFlow?

LipiFlow is a new alternative treatment for customer-owners with dry eye syndrome. The LipiFlow device uses controlled heat to unclog meibomian glands. After the treatment, your eyes should feel instant relief, soothed, and moist.

How does it work?

Using what's called vector thermal pulsation technology, activators send heat into glands inside your eyelids. The combination of heat and pressure massages blockages by liquefying and clearing obstructions causing your dry eye symptoms.

Who can receive the treatment?

Anyone suffering from dry eye syndrome may benefit from LipiFlow treatment. A comprehensive eye exam must be completed by a provider within six months to be eligible.

Is LipiFlow safe?

Yes. LipiFlow is safe and effective for customer-owners with dry eye syndrome.

Is there a cost associated with LipiFlow treatment?

Yes. Customer-owners must pay \$520 out of pocket per treatment. Indian Health Service and private insurance does not cover LipiFlow treatments.

How often is LipiFlow treatment needed?

Because dry eye syndrome is a chronic condition, it is recommended to complete a session every six months.

Does LipiFlow treatment hurt?

LipiFlow may cause mild discomfort but should not hurt. Studies of participants who experienced discomfort from the procedure show it was very tolerable.

How long does treatment take?

LipiFlow takes 12 minutes and both eyes are treated at the same time.

When will I feel the results of LipiFlow treatment?

Although many customer-owners see a change in symptoms immediately, results generally optimize over eight weeks.

Are there side effects?

There are no side effects from LipiFlow.

How is LipiFlow different than warm compress at home?

Although you may benefit from a warm compress at home, results from LipiFlow are effective longer. The eye pad heats to a precise, safe temperature, and massages the eyelids. Some compresses can be too hot and damage the eye or too cold and fail to improve symptoms.

What can I expect during an appointment?

Your LipiFlow specialist will place numbing drops in the corner of your closed eyes to help ease any potential discomfort from the procedure. The dome-shaped devices will be placed on your closed eyes. Their vaulted shape protects your corneas during the treatment, which focuses on the inner eyelids, where the meibomian glands are located.

How can I prepare for my appointment?

There are no dietary or fluid restrictions on the day of your appointment. You may take oral medications prescribed by your ophthalmologist or primary care provider. You will be able to drive yourself home after the treatment.

The night before treatment:

- Do not use ointment in either eye.

The day of treatment:

- Do not apply hot compresses to either eye.
- Do not massage or rub either eye.
- Do not use any drops or lubricants.
- Do not apply makeup, eye creams, facial creams, or sunscreen to your face.



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