

# Power of Hope

#### Cancer and Education Social Group

## You are invited to join us.

Southcentral Foundation
Health Education offers
cancer prevention learning
opportunities and support
services. The Power of Hope
Cancer and Education Social
Group is a place where
you can find support and
discover healthy methods for
preventing, managing, and
surviving cancer.

#### Who:

Anyone in the community going through cancer treatment, cancer survivors, caregivers, or support partners.

#### What:

A support learning circle, designed to provide cancer education and support.

#### When:

**Noon-1 p.m.** on the first Thursday of every month If Thursday falls on a holiday, the learning circle will be held the week prior to the holiday (see calendar on back).

#### Where:

**Zoom Meeting ID:** 959 7817 7527 | **Password:** HealthEdl! **Call-in:** (646) 558-8656 | **Call-in password:** 224 233 7809

#### Join a Zoom Meeting:

- 1. Visit Zoom.us in your browser on the day and time of the desired class.
- 2. Select Join a Meeting in the top left corner of the screen.
- 3. Enter the meeting ID for the desired class.
- 4. Enter the meeting password.
- 5. Connect!



Scan this QR code to join the SCF learning circle.



(907) 729-2689 southcentralfoundation.com scfpowerofhope@southcentralfoundation.com



### 2023

# Power of Hope

## Schedule

January							February							March											
Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat					
1	2	3	4	5	6	7				1	2	3	4				1	2	3	4					
8	9	10	11	12	13	14	5	6	7	8	9	10	11	5	6	7	8	9	10	11					
15	16	17	18	19	20	21	12	13	14	15	16	17	18	12	13	14	15	16	17	18					
22	23	24	25	26	27	28	19	20	21	22	23	24	25	19	20	21	22	23	24	25					
29	30	31					26	27	28					26	27	28	29	30	31						
	April					May							June												
Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat					
						1		1	2	3	4	5	6						2	3					
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10					
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17					
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24					
23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30						
30																									
	July							August											September						
			July						,	Augu	st					Se	ptem	ber							
Sun	Mon	Tues	July Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Augu: Wed	S† Thurs	Fri	Sat	Sun	Mon	Se Tues	ptem Wed	ber Thurs	Fri	Sat					
Sun	Mon	Tues			Fri	Sat 1	Sun	Mon				Fri 4	<b>Sat</b> 5	Sun	Mon				Fri 1	Sat 2					
Sun 2	Mon 3	Tues 4			Fri 7		Sun 6	Mon 7	Tues	Wed	Thurs			Sun 3	Mon 4										
			Wed	Thurs		1			Tues 1	Wed 2	Thurs	4	5			Tues	Wed	Thurs	1	2					
2	3	4	Wed 5	Thurs	7	1	6	7	Tues 1 8	<b>Wed</b> 2 9	Thurs 3	4 11	5 12	3	4	<b>Tues</b>	Wed 6	Thurs	1	2 9					
2 9	3 10	4	<b>Wed</b> 5 12	Thurs  6 13	7 14	1 8 15	6 13	7 14	<b>Tues</b> 1 8 15	<b>Wed</b> 2 9 16	<b>Thurs</b> 3 10 17	4 11 18	5 12 19	3 10	4 11	<b>Tues</b> 5 12	<b>Wed</b> 6 13	Thurs 7 14	1 8 15	2 9 16					
2 9 16	3 10 17	4 11 18	<b>Wed</b> 5 12 19	Thurs  6 13 20	7 14 21	1 8 15 22	6 13 20	7 14 21	Tues 1 8 15 22	Wed  2  9  16  23	Thurs 3 10 17 24	4 11 18	5 12 19	3 10 17	4 11 18	<b>Tues</b> 5 12 19	Wed  6 13 20	<b>Thurs 7</b> 14 21	1 8 15 22	2 9 16 23					
2 9 16 23	3 10 17 24	4 11 18 25	<b>Wed</b> 5 12 19	Thurs  6 13 20 27	7 14 21	1 8 15 22	6 13 20	7 14 21	Tues 1 8 15 22 29	Wed  2  9  16  23	Thurs  10 17 24 31	4 11 18	5 12 19	3 10 17	4 11 18	5 12 19 26	Wed  6 13 20	7 14 21 28	1 8 15 22	2 9 16 23					
2 9 16 23	3 10 17 24	4 11 18 25	Wed 5 12 19 26	Thurs  6 13 20 27	7 14 21	1 8 15 22	6 13 20	7 14 21	Tues 1 8 15 22 29	Wed  2  9  16  23  30	Thurs  10 17 24 31	4 11 18	5 12 19	3 10 17	4 11 18	5 12 19 26	Wed  6 13 20 27	7 14 21 28	1 8 15 22	2 9 16 23					
2 9 16 23 30	3 10 17 24 31	4 11 18 25	Wed 5 12 19 26	Thurs  6 13 20 27  Thurs	7 14 21 28	1 8 15 22 29	6 13 20 27	7 14 21 28	Tues 1 8 15 22 29	Wed 2 9 16 23 30	Thurs  10 17 24 31  ber  Thurs	4 11 18 25	5 12 19 26	3 10 17 24	4 11 18 25	Tues 5 12 19 26	Wed  6 13 20 27	7 14 21 28	1 8 15 22 29	2 9 16 23 30					
2 9 16 23 30	3 10 17 24 31	4 11 18 25	Wed  5 12 19 26  Octob	Thurs  6 13 20 27	7 14 21 28	1 8 15 22 29	6 13 20 27	7 14 21 28	Tues 1 8 15 22 29	Wed 2 9 16 23 30 Ovem	Thurs 10 17 24 31	4 11 18 25	5 12 19 26	3 10 17 24	4 11 18 25	Tues 5 12 19 26	Wed  6 13 20 27	7 14 21 28	1 8 15 22 29	2 9 16 23 30					
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