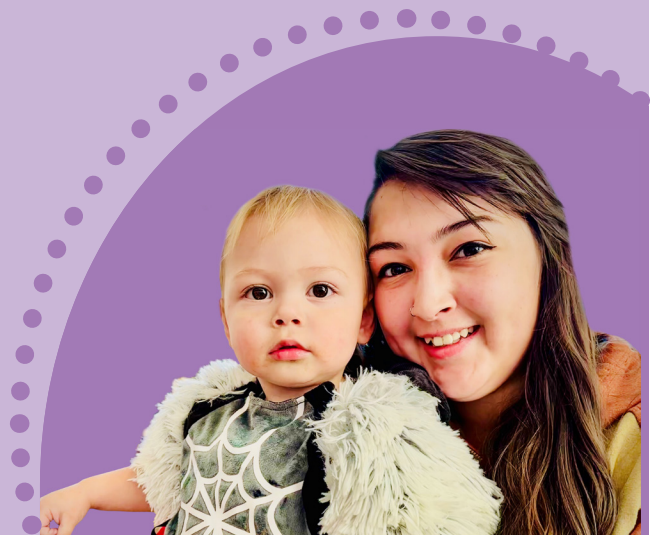


Nutaqsiivik

Tribal Home Visiting Program



Nutaqsiivik is a voluntary, no-cost home-based program that works with eligible customer-owners providing education and support as a supplement to regular prenatal care and well-child checkups.

Nutaqsiivik works with Nurse-Family Partnership, a national program that helps moms and babies stay healthy and safe. You will meet with your nurse regularly to talk about pregnancy, parenting, your child's health and development, and any other questions or concerns

Your nurse will support you to:

- Learn what to expect during pregnancy and childbirth.
- Learn how to take care of your baby (feeding, bathing, safe sleep, and more).
- Understand how babies learn and grow.
- Connect with other community resources
- and services, like behavioral health, child care, and educational programs.
- Support families in achieving personal goals, such as continuing your education and developing job skills.
- Maintain a healthy pregnancy and childbirth.

For more information call (907) 729-2490



The Alaska Native Tribal Health Consortium and Southcentral Foundation jointly own and manage the Alaska Native Medical Center under the terms of Public Law 105-83. These parent organizations have established a Joint Operating Board to ensure unified operation of health services provided by the Medical Center.