AGING WELL Advanced Dementia

Why is it important to know the signs of advanced dementia?

Five years ago, Nelson found out that he had dementia. His family is now needing to provide total care for Nelson at his home. He is unable to walk and mostly lays in bed. Nelson stopped eating and drinking. He always wanted to be home with his family at the end of life. The hospice team comes each week to meet with Nelson and his family to answer questions and provide support. His family is thankful they can spend quality time together, sharing memories that will live on forever. Knowing the signs of advanced dementia is important so customer-owners and families can receive quality end of life support. What are some considerations for advanced dementia?

- Hard time communicating
- Unable to bathe, dress, eat, or toilet alone
- Difficulty walking or sitting
- Hard time swallowing, eating, or drinking
- Loss of expressions such as being able to smile
- · Infections of the lungs or urinary tract



Advanced dementia has different signs and symptoms. These changes can be signs that a person is nearing the end of their life. During these transitions, a family may want to focus care on comfort.

Questions to ask yourself:

- Where do you want to be if time is short home or hospital?
- At the end of your life, what is most important to you?
- Would you want aggressive medical treatments or a focus on comfort?
- · Are your caregivers feeling well supported?



For more information visit:

www.southcentralfoundation.com/aging-well

Or scan the QR code



AGING WELL

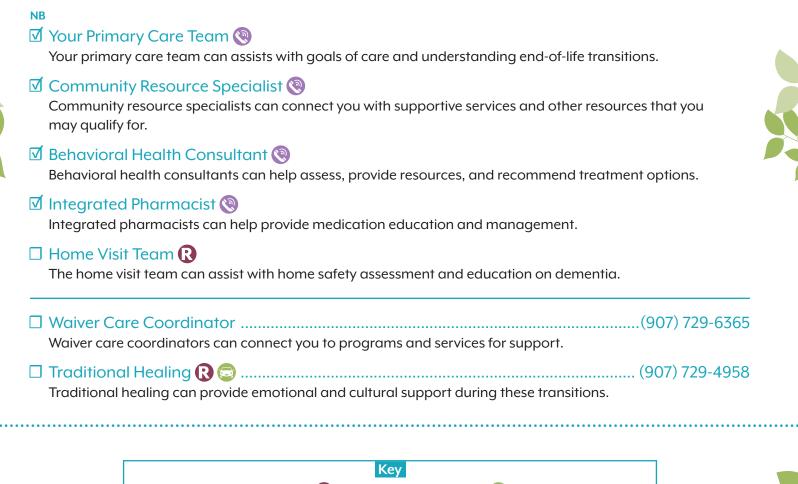
What can you do?

- Ask your health care team for a care conference to ask questions and learn about resources and support services.
- Review your health care wishes with your health care team.

- Reach out to local hospice agencies to learn more about end-of-life services and support.
- Seek out emotional support knowing that these transitions can be difficult.
- Remind caregivers about the importance of self-care and reaching out for assistance.

Where can you find support?

Contact your primary care team directly or call	
Benteh Nuutah Valley Native Primary Care Center	.(907) 631-7800





Support available to Non-Beneficiary

Referral needed

Travel by plane required

Travel by car required

Available over the phone or virtual visit