



DINNER MAKES A DIFFERENCE

LEARNING CIRCLE

Explore Nutritious Foods and Their Benefits

Healthy foods come in all shapes and sizes. Join health educators Fridays in the Learning Kitchen on the first floor of the Anchorage Native Primary Care Center from noon to 1 p.m. Customer-owners of all ages are encouraged to join. Contact Southcentral Foundation Health Education at 907-729-2689 to learn more.

Friday, June 6

Sesame Cauliflower Wings
Cruciferous Vegetables

Friday, June 13

Miso Stir-Fried Vegetables
Vegetable Cooking Tips

Friday, June 20

Zucchini Parmesan Sliders
Versatile Vegetables

Friday, June 27

Focaccia Girls Bread
In Season – Apricots